



## NORWELL COUNCIL ON AGING PROGRAM SURVEY

The Town of Norwell's Council on Aging is conducting a survey to help develop appropriate programming for Norwell residents aged 60 and older, regardless of health, income, needs and other conditions. This information is used to apply for grants, identify current community needs, as well as develop plans to better serve the senior population in Norwell. All responses are confidential. Thank you for taking the time to complete this survey.

Completed surveys can be returned to one of the following locations;

- COA Office, 293 Pine St.
- Drop Box in front of Town Hall
- Norwell Public Library, Main Desk

The Council on Aging offers a variety of programming and is interested in identifying ideas for future programming. Please indicate your interests in each category.

### Financial and Legal Related Programs

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Tax Preparation | <input type="checkbox"/> Reverse Mortgages         | <input type="checkbox"/> Retirement Planning          |
| <input type="checkbox"/> Investment club | <input type="checkbox"/> Investing for your future | <input type="checkbox"/> Housing Options              |
| <input type="checkbox"/> Estate Planning | <input type="checkbox"/> Preparing a will          | <input type="checkbox"/> Other (please specify) _____ |

### Wellness Programs

- |   |   |  |                                   |
|---|---|--|-----------------------------------|
| <input type="checkbox"/> Blood Pressure Screening | <input type="checkbox"/> SHINE (Serving Health Insurance Needs of Elders) |  |                                   |
| <input type="checkbox"/> Exercise Class           | <input type="checkbox"/> Reflexology                                      | <input type="checkbox"/> Day of Beauty   | <input type="checkbox"/> Reiki    |
| <input type="checkbox"/> Yoga                     | <input type="checkbox"/> Loss Support                                     | <input type="checkbox"/> Weight training | <input type="checkbox"/> T'ai Chi |
| <input type="checkbox"/> Glucose Screening        | <input type="checkbox"/> Massage  | <input type="checkbox"/> Other _____     |                                   |

### Support Groups

- |  |                                      |                                     |                                   |
|--|--------------------------------------|-------------------------------------|-----------------------------------|
| <input type="checkbox"/> Caregiver Support | <input type="checkbox"/> Bereavement | <input type="checkbox"/> Low Vision | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Alzheimer's       | <input type="checkbox"/> Other _____ |                                     |                                   |

### Cultural programs

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Travel presentations | <input type="checkbox"/> Book Club        | <input type="checkbox"/> Author presentations   |
| <input type="checkbox"/> Creative Writing     | <input type="checkbox"/> Ballroom Dancing | <input type="checkbox"/> Historical discussions |
| <input type="checkbox"/> Concerts             | <input type="checkbox"/> Theater          | <input type="checkbox"/> Movies                 |
| <input type="checkbox"/> Other _____          |   |   |

## Learning, Arts, Crafts & Education

☐ Painting class      ☐ Crafts      ☐ Scrapbooking  
☐ Cooking      ☐ Gardening      ☐ Quilting  
☐ Woodworking      ☐ Digital Photography      ☐ Other \_\_\_\_\_

## Fun & Games

☐ Basketball      ☐ Golf      ☐ Softball      ☐ Bridge  
☐ Cribbage      ☐ Horseshoes      ☐ Bocce      ☐ Mah Jongg  
☐ Chess      ☐ Poker      ☐ Board Games      ☐ BINGO  
☐ Other \_\_\_\_\_

## Social Programs

☐ Lunch at local eateries      ☐ Breakfast at local eateries      ☐ Lunch at COA  
☐ Sporting Events      ☐ Day Trips      ☐ Intergenerational programs  
☐ Men's discussion group      ☐ Women's discussion group      ☐ Current events group  
☐ Other (please specify) \_\_\_\_\_

## Technology

☐ Job Retraining skills      ☐ Social Media (Twitter, Facebook, etc.)      ☐ Ebay  
☐ Introduction to Computers      ☐ MS Office      ☐ Email      ☐ Other \_\_\_\_\_

Please list any other programs that you'd like to see offered

What time of day is more convenient for you to attend a program?

☐ Early morning      ☐ Late Morning      ☐ Afternoon      ☐ Evening

Would you be willing to pay a nominal fee to attend a seminar, class or cultural program?

☐ Yes      ☐ No

Do you have a specialty and would be willing to lead a program? Please explain

---

---

(Optional) Name \_\_\_\_\_ Phone: \_\_\_\_\_

Completed surveys can be returned to one of the following locations;

- COA Office, 293 Pine St.
- Drop Box in front of Town Hall
- Norwell Public Library, Main Desk

**Thank you for your time and input!**